

# SACRAMENTAL PREPARATION

## CONFIRMATION YEAR 1

Confirmation deepens our baptismal life that calls us to be missionary witnesses of Jesus Christ in our families, neighborhoods, society, and the world. . . . We receive the message of faith in a deeper and more intensive manner with great emphasis given to the person of Jesus Christ, who asked the Father to give the Holy Spirit to the Church for building up the community in loving service.

Parents and young people are encouraged to make this decision together in prayer, honest reflection, and discernment. The young person, with parental guidance, needs to choose freely to confirm the promises of belief made at their Baptism. Through the sacrament of Confirmation the young person affirms that, with the gifts and fruits of the Holy Spirit, they want to live a Christian life as a Catholic, bearing witness to Christ in the world.

### Goals

#### Child

- Understand parents faith life and begins conversion into their own faith
- Develop a daily prayer life: Diocesan prayer list standards to know from memory– Sign of the Cross, Angel of God, Glory be, Grace Before and After Meals, Hail Mary, Our Father, Act of Contrition ) traditional), Hail Holy Queen, Come, Holy Spirit, I Confess, Nicene Creed, Holy Holy Holy, Lamb of God, Apostles Creed, Rosary, Angelus
- To grow a regular Bible reading habit
- Actively research and chose a meaningful Catholic saint role model
- Prayerfully consider a faithful Catholic sponsor
- Actively participates in Mass and Holy Days of Obligation with regular weekly attendance

#### Parents

- To know that they are the primary educator of the faith
- Foster real opportunities to encounter Christ in everyday life (by living the Corporal and Spiritual Works of Mercy)
- Help promote and encourage a daily prayer life
- Faithfully leads by example as a faithful church member
- Regularly participates in the Mass and sacraments– children need to witness their parents making the sacrament of Reconciliation and receiving the Eucharist regularly to better understand their role in receiving the sacraments

